

BREAKFAST

FLOUR & GRAINS

ASSORTED COLD CEREALS 5
add fruit: sliced banana or berries 1

STEEL CUT OATMEAL
apples, cinnamon, raisins, almonds 8

APPLE CINNAMON BELGIAN WAFFLE
house-made apple butter, apple compote, whipped cream 11

BUTTERMILK PANCAKES
sour cherry compote, maple syrup 11

**MASCARPONE-STUFFED
BRIOCHE FRENCH TOAST**
fresh strawberries 12

CHILLED

GREEK YOGURT
housemade granola, strawberries
bananas, honey 10

SMOKED SALMON BAGEL
tomato, cucumber, sprouts
red onion, capers 14

FRESH FRUIT & BERRY PLATE 8

SIDES

TOAST
white, whole wheat, rye
english muffin, cinnamon raisin 3

ASSORTED BREAKFAST PASTRIES 4

BAGEL WITH CREAM CHEESE 4

BREAKFAST MEATS
applewood smoked bacon, sausage, or prosciutto cotto 5

SIDE OF YOGURT 4

BREAKFAST POTATOES 3

CUP OF FRUIT 4

SLICED AVOCADO 3

SLICED TOMATO 3

EGG(S) YOUR WAY 4 | 6*

EGGS

EGGS BENEDICT*
english muffin, prosciutto cotto, hollandaise
breakfast potatoes 15

TWO EGGS ANY STYLE*
choice of bacon, sausage or prosciutto cotto
breakfast potatoes, choice of toast 12

**BACON, EGG & CHEESE
CROISSANT SANDWICH***
side fresh fruit 11

GOAT CHEESE & HERB OMELET*
breakfast potatoes, choice of toast 14

**MEDITERRANEAN VEGETABLE
EGG WHITE FRITTATA***
feta cheese, fresh fruit 14

AVOCADO TOAST*
whole grain bread, poached egg, radishes,
sprouts, olive oil 13

HOPPLE POPPLE*
scrambled eggs, italian sausage
peppers, onions, potatoes, parmesan cheese
pretzel croutons 15

BEVERAGES

**CAFFÉ VITA
FRESH BREWED COFFEE**
regular or decaf 3

RISHI HOT TEA
herbal, green, and black 4

JUICE
orange, grapefruit, apple
cranberry, tomato 4

WATER (1L)
still 7 sparkling 7

JUICED: COLD-PRESSED JUICE

KAY DEE POWER 8
spinach, cucumber, pineapple, apple, lemon, mint

ETERNAL LIFE 8
pineapple, orange, ginger

TRIM & TASTY 8
grapefruit, carrot, apple

PROTECTIVE ARMOR 8
beet, apple, lime

BREAKFAST IS SERVED FROM 7AM-10AM MONDAY - FRIDAY AND 8AM-11AM SATURDAY & SUNDAY

EXECUTIVE CHEF HEATHER TERHUNE

* PLEASE ADVISE YOUR SERVER OF ANY FOOD ALLERGIES PRIOR TO ORDERING.
WHETHER DINING OUT OR PREPARING FOOD AT HOME, CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.*